

PASTOR'S NICKEL

LENTEN OLYMPICS



Pastor's Nickel

Slower, humbler, self-denying. These are words that are in direct contrast to the ideals of the Olympics: faster, higher, stronger. The Olympic Games help us to celebrate the wonder of our bodies and the skills that these athletes bring to these competitive events. They are a joy to watch whether you fully understand and appreciate the sport or whether it is a skill you have also been honing in your life. Lent is this annual call to enter into a time of honing and sharpening our faith life to honour our God. The Apostle Paul affirms this when he reminds us to "run in such a way as to get the prize" (1 Cor 9:24b). This season of Lent is a good time to slow the pace of your life and take time to be with God to reflect on our purpose, to work on our pride to embrace the way of humility and to deny ourselves so that the purpose of Christ will always be first.

That's my nickel. Pastor Bob